

WRIST BLOOD PRESSURE MONITOR HEM-6121



CUFF WRAPPING GUIDE

Provides a confirmation to user that cuff is wrapped correctly



HYPERTENSION INDICATOR

If systolic or diastolic pressure is above systolic 135mmHg / diastolic 85mmHg, the heartbeat symbol will blink



30 MEMORY



IRREGULAR HEARTBEAT DETECTION







Automatically applies the right amount of pressure for fast, accurate and more comfortable measurements.



OMRON

OMRON HEM-6121 is an easy to use blood pressure monitor that is ideal for users who need to measure their blood pressure out of home and still enjoy the convenience it provides.

HOW TO TAKE A MEASUREMENT

- Wrap the wrist cuff securely with the monitor resting on your inner wrist and facing you.
- The cuff should be at the same level as your heart.
- Do not bend your wrist back, clench your fist, or bend your wrist forward.









HYPERTENSION INDICATOR

Recent studies* suggest that the following values can be used as a guide to high blood pressure for measurements taken at home.



Systolic Blood Pressure	Above 135 mmHg
Diastolic Blood Pressure	Above 85 mmHg

his criteria is for home blood pressure measuremer Source: Ohasama Study

If your systolic or diastolic pressure is above systolic 135mmHg / diastolic 85mmHg, the heartbeat symbol will blink

IRREGULAR HEARTBEAT INDICATOR

Irregular heartbeat can influence the results of the measurement. The irregular heartbeat algorithm automatically determines if the measurement is usable or needs to be repeated.



If the irregular heartbeat symbol is shown frequently, please inform your doctor.

SPECIFICATIONS

Model	HEM-6121	
Display	LCD Digital Display	
Measurement Method	Oscillometric method	
Measurement Range	Pressure: 0 to 299 mmHg • Pulse: 40 to 180 beats/min.	
Accuracy	Pressure: ±3 mmHg • Pulse: ±5% of display reading	
Inflation	Automatic inflation by pump	
Deflation	Automatic rapid deflation	
Memory	30 measurements	
Power Source	2 x 1.5V (LR03, AAA alkaline batteries)	
Battery Life	Capacity of new alkaline batteries is approximately 300 measurements	
Console Weight	Approximately 101g (without batteries)	
Outer Dimensions	Approximately 78(W)mm x 60(H)mm x 21(D)mm (without wrist cuff)	
Measurable Wrist Circumference	Approximately 13.5 to 21.5cm	
Cuff Material	Nylon and polyester	
Package Content	Main unit, storage case, battery set, instruction manual	

OMRON

SYS

mmHg

DIA

mmHg

PULSE

/min

Intelli
sense

HEM-6121



OMRON HEALTHCARE Co., Ltd. 53, Kunotsubo, Terado-cho Muko, Kyoto, 617-0002 JAPAN

Distributed by:

Asia Pacific HQ
OMRON HEALTHCARE SINGAPORE PTE LTD.
438A Alexandra Road, #05-05/08
Alexandra Technopark, Singapore 119967
www.omronhealthcare-ap.com



OMRON HEALTHCARE EUROPE B.V. Scorpius 33, 2132 LR Hoofddorp THE NETHERLANDS