GE200 Blood Glucose Monitoring System GETTING STARTED GUIDE

Front View of Meter — Test Strip Port, Display Window, Main Button (◎), Left Button (◁), Right Button (▷)

Back View of Meter — Product Name, Meter Serial Number, Battery Cover

Sample Port, View Window, Test Strip, Control Solution, Clear Cap, Protective Cover, Adjustable Depth Cap, Release Button, Lancet Carrier, Base, Plunger

Test Strip Vial, **Lancet**, **Lancing Device**

1 ❭ Installating the Batteries

1) Turn the meter over. Press and slide battery cover to open.
2) Install the two CR2032 batteries. Be sure to insert the batteries in the correct direction.
3) Slide the battery cover back on until it snaps into place.
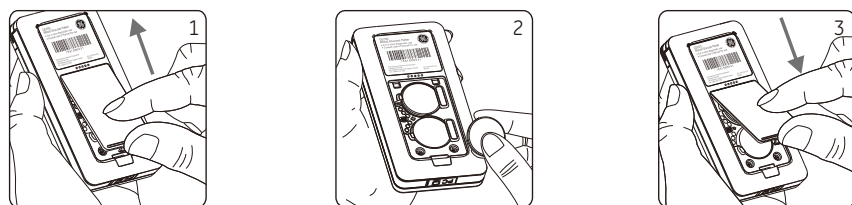
2 ❭ Setting Up Your Meter - Setting the Date, Time and Volume

1) Press and release the Main button " ◎ " to turn on the meter.
2) Press and hold the Main button " ◎ " for 7 seconds to enter the Setting Mode. The year will flash. (Note: The meter will turn off while you are holding down the button. Continue holding down the Main button to reach the Setting Mode. You will then be asked to set the year.)
3) Press the Left button " ◁ " or Right button " ▷ " to change the year.
4) Press the Main button " ◎ " to confirm the year and move onto the month setting.

5) Repeat step 3 and 4 to change the date, time format, hour, minute and volume. After pressing the main button to confirm the volume setting, your set-up is complete.
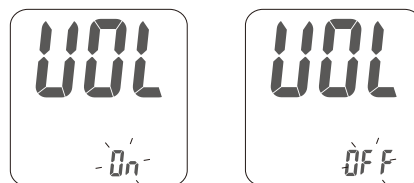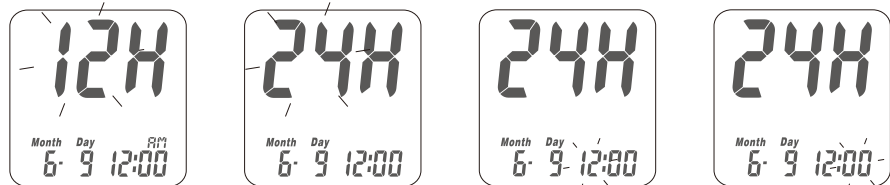
NOTE
- Keep the meter free of dust and liquids, including water.

3 ❭ Preparing the Lancing Device

1) Hold the adjustable depth cap in one hand while holding the base with the other hand. Pull the cap in the down direction. When a gap appears between the cap and base, pull the two parts in opposite directions.
2) Remove the adjustable depth cap.
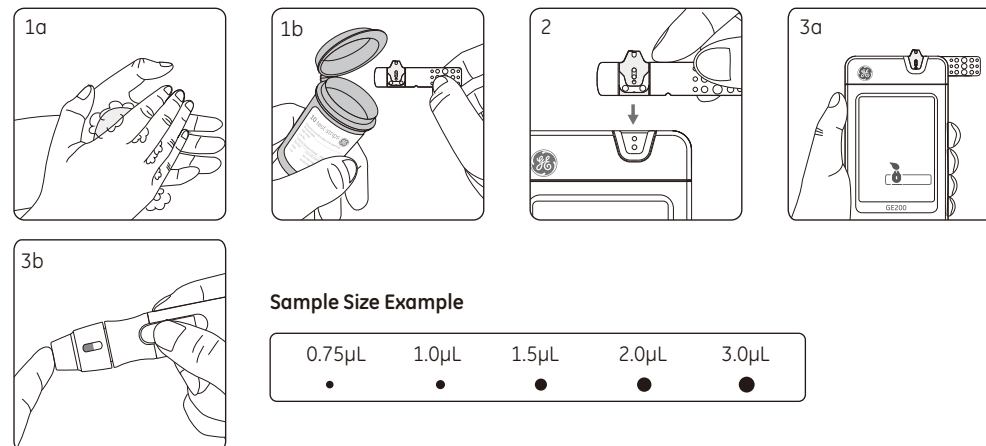3) Insert a new disposable lancet firmly into the lancet carrier.
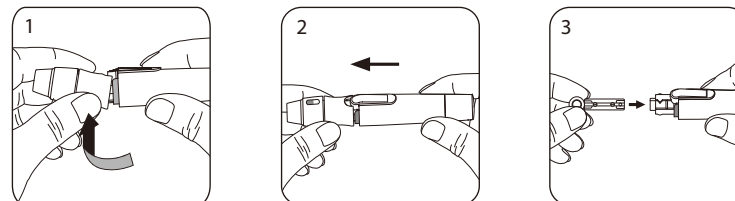
4) Twist off and set aside the protective cover of the disposable lancet.
5) Replace the adjustable depth cap.
6) Choose a depth of penetration by rotating the top portion of the adjustable depth cap to the desired depth setting. Your setting should be based on your skin type:

" ▭▭ " for soft or thin skin;

" ▭▭▭ " for average skin;

" ▭▭▭▭ " for thick or calloused skin.

7) Hold the base in one hand and pull on the plunger with the other hand. Release the plunger and it will automatically move back to its original position near the base. The device will be cocked.
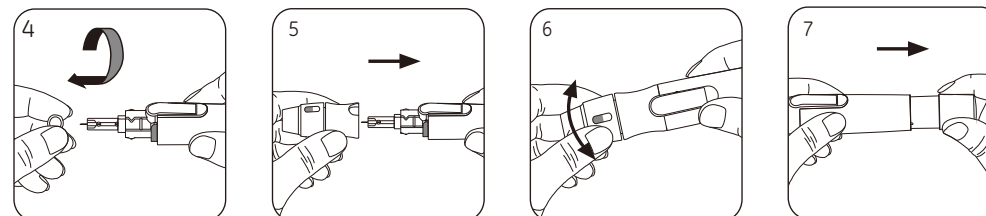

4 ❭ Performing a Test

1) Wash and dry your hands. Take one test strip from the vial. Close the vial cap immediately.
2) Insert the strip into the strip port on the meter with the view window facing up. Push the strip in until you hear a click. The meter will automatically detect the code number.
3) When you see the flashing blood drop icon on the display window, hold the lancing device to your fingertip and press the release button.


4) A blood drop size between 0.75µL and 3.0µL is required for testing. See Sample Size Example Chart for drop sizes. Blood drop sizes greater than 3.0µL may contaminate the meter. A minimum of a 0.75µL drop is required for accurate results.

Sample Size Example

| 0.75µL	1.0µL	1.5µL	2.0µL	3.0µL
•	•	•	•	•

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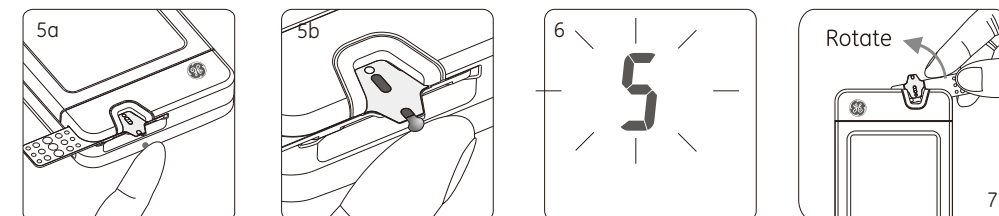
5) Touch and hold the drop to the edge of sample port until you hear a "beep" and the view window is filled with blood. If the view window is not completely filled with blood, the test will not start. Discard the test strip and repeat the test with a new test strip.
6) The countdown will begin on the display window. After 5 seconds, your test result will appear. For more information about your test results, please see your User's Manual.
7) Remove the test strip from the meter. Please follow your local regulations to properly discard the used strip.
8) Pull off the adjustable depth cap. Without touching the used disposable lancet, stick the lancet tip into the protective cover.
9) Hold the release button in one hand and pull the plunger with the other hand. This will safely eject the used disposable lancet.
10) Discard the used disposable lancet into an appropriate puncture-proof or biohazard container.
11) Replace the adjustable depth cap after finishing the test.
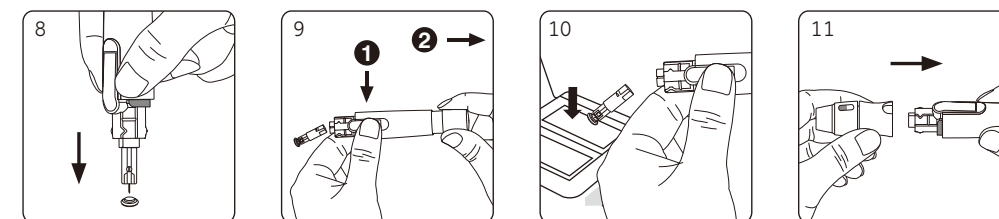
Alternative site testing: palm or forearm blood sampling

1. Choose the clear cap and follow step 1 to 5 of the above section "Performing a Test".
2. Massage the puncture area of your palm or forearm for a few seconds.
3. Immediately after massaging the puncture area, press and hold the lancing device with the clear cap against your palm or forearm.
4. Press the release button.
5. Continue holding the lancing device against your palm or forearm. Gradually increase pressure for a few seconds until the blood sample size is sufficient.
6. Follow step 9 of the above section to discard the used disposable lancet.
NOTE:
-DO NOT test on the palm or forearm if you are testing for hypoglycemia (low blood glucose).
-AST should not be used to calibrate CGMs or in insulin dose calculations
-AST should only be used when blood glucose is not changing rapidly.

Press for a few seconds

Release button
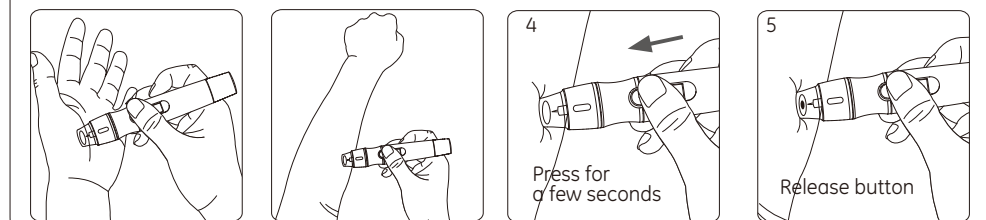
NOTE
- The GE Lancing Device is intended for single person use only.

For more information on how to use your meter and understanding your test results, please see your GE200 Blood Glucose Monitoring System User's Manual.

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