

WRIST BLOOD PRESSURE MONITOR

HEM-6131

Equipped with Measurement Posture Guide for Accurate Measurements



DELUXE



CUFF WRAPPING GUIDE
Provides a confirmation to user that cuff is wrapped correctly



MEASUREMENT POSTURE GUIDE
Ensures monitor is held in correct position



BLOOD PRESSURE LEVEL INDICATOR



60 MEMORY WITH DATE AND TIME



IRREGULAR HEARTBEAT DETECTION



BODY MOVEMENT DETECTION

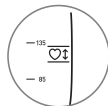


AVERAGE OF LAST 3 READINGS TAKEN WITHIN 10 MINUTES

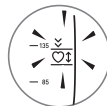
OMRON HEM-6131 is an easy to use blood pressure monitor that is ideal for users who need to measure their blood pressure out of home and still enjoy the convenience it provides.

MEASUREMENT POSTURE GUIDE

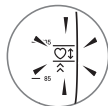
Guides user to the correct position of the wrist for reliable measurement results.



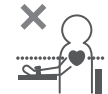
Monitor is in proper position



Monitor is higher than the heart

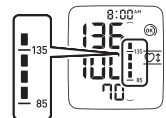


Monitor is lower than the heart



BLOOD PRESSURE LEVEL INDICATOR

Recent studies* suggest that the following values can be used as a guide to high blood pressure for measurements taken at home.

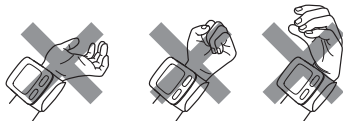


Systolic Blood Pressure	Above 135 mmHg
Diastolic Blood Pressure	Above 85 mmHg

This criteria is for home blood pressure measurement.
*Source: Ohasama Study

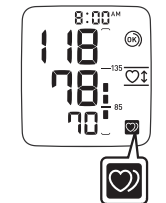
HOW TO TAKE A MEASUREMENT

- Wrap the wrist cuff securely with the monitor resting on your inner wrist and facing you.
- The cuff should be at the same level as your heart.
- Do not bend your wrist back, clench your fist, or bend your wrist forward.



IRREGULAR HEARTBEAT INDICATOR

Irregular heartbeat can influence the results of the measurement. The irregular heartbeat algorithm automatically determines if the measurement is usable or needs to be repeated.



If the irregular heartbeat symbol is shown frequently, please inform your doctor.

SPECIFICATIONS

Model	HEM-6131
Display	LCD Digital Display
Measurement Method	Oscillometric method
Measurement Range	Pressure: 0 to 299 mmHg • Pulse: 40 to 180 beats/min.
Accuracy	Pressure: ± 3 mmHg • Pulse: $\pm 5\%$ of display reading
Inflation	Automatic inflation by pump
Deflation	Automatic rapid deflation
Memory	60 measurements with date and time
Power Source	2 x 1.5V (LR03, AAA alkaline batteries)
Battery Life	Capacity of new alkaline batteries is approximately 300 measurements
Console Weight	Approximately 101g (without batteries)
Outer Dimensions	Approximately 78(W)mm x 60(H)mm x 21(D)mm (without wrist cuff)
Measurable Wrist Circumference	Approximately 13.5 to 21.5cm
Cuff Material	Nylon and polyester
Package Content	Main unit, storage case, battery set, instruction manual

*Note: Specifications may be subject to change without prior notice.



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